

By paying the deposit, you are accepting the Terms and the Conditions applying to your booking. Upon receipt of the deposit, we will send you a booking confirmation by email. Please check the details of the confirmation and advise us at once of any inaccuracies. If we do not hear from you within 5 days of sending you this confirmation, then the information on the booking confirmation shall be deemed to be correct. The booking form, booking confirmation and these Conditions together form the contract between you and us ("our Contract").

DEPOSITS ARE NON- REFUNDABLE

Except within the first 14 days of payment.

FINAL PAYMENT

Details for the final payment will appear in your booking confirmation, and the balance must be paid in full no later than 31st Jan 2026

If the balance is not received by this time, we will be entitled to cancel the booking without prejudice to our claim for cancellation charges. Bookings made after this will be required to pay the full amount at time of booking.

CANCELLATION

If you wish to cancel a booking, you should advise us by email to joanna.beardsmore-dilks@outlook.com

In all cases of cancellation the booking deposit will be forfeited. If the cancellation is made within 3 months of the event date, then the full payment will be forfeited and if full payment has not been made then you are liable for the full cost of the holiday.

Cancellation before the 6 months deadline will be refunded minus the deposit.

Bookings are for the stated period of the event. There are no refunds for an unused portion of the event.

BOOKING ALTERATIONS

Although we will always endeavour to adhere to the published programme of activities, we reserve the right to amend the itinerary and retreat programme at any time. In the event of severe weather which affects all outdoor activities we will endeavour to find a suitable indoor space. If none is available, we will work with small groups in the gymnasium.

FOOD & BEVERAGES

Breakfast will be provided on this retreat, and you must notify us at booking of any allergies and dietary requirements.

SPECIAL NEEDS

Please notify us in advance of any special requirements that you may have. Although we will endeavour to accommodate your special requirements, we cannot guarantee that all needs can be met.

VALUABLES

We do not take any responsibility for the safekeeping, loss or damage of your valuables. We encourage you to either leave valuable items at home or keep them with you. We recommend that your travel insurance covers you for loss of valuables.

HOLIDAY INSURANCE

It is your responsibility to ensure that you have adequate medical & holiday insurance that covers you to participate in a holiday \ retreat \ course of this type. We recommend that your insurance covers all medical eventualities and costs, repatriation, holiday cancellation and personal valuables.

PLEASE ENSURE THAT YOU TAKE OUT HOLIDAY INSURANCE AT THE TIME OF BOOKING

CLASSES, COURSES & INSTRUCTION

All classes and courses are undertaken at your own risk. If you suffer from a known medical condition or are in any doubt about your health, please consult professional medical advice before booking. You must inform us of any such condition or concern that you may have before attending the classes. You must also inform us if you are pregnant or are taking any medication. We will not, under any circumstances, be held responsible for injury, loss or death, howsoever arising, during your stay. It is your responsibility to ensure that your physical condition is appropriate to the activities relevant to the holiday that you are booking.

IMPORTANT NOTE - EVENTS BEYOND OUR CONTROL

We will not be held liable for events beyond our control. Events beyond our control include: war, threat of war, riots, civil disturbances, terrorist activity, industrial disputes, natural and nuclear disasters, fire, epidemics, health risks, technical problems with transport including changes due to rescheduling or cancellation of flights by an airline or alteration of the airline or aircraft type, closed or congested airports or ports, hurricanes and other actual or potential severe weather conditions, theft and any other similar events